

Aloha Sophia Wellness, LLC 4228D North Waiakalua Street, Kilauea, HI 96754

Phone: 808-828-0418 www.AlohaSophia.com info@alohasophia.com

Welcome Back Form

Name		Date		
		s:		
If any of your information and/or situation has changed, please fill in below, if not write "same". Address				
		Email		
Since my last visit to this		narked physical, emotional, or chemical		
•		ved any other healing modalities since your last		
•	, , , , ,	al trauma such as a fall, sports impact, or jolt that		
	• 1			
Have you been involved i	n an automobile accident either as	a driver or passenger? Explain and give dates:		
	najor relationship, job, residence,	or other life changes since my last visit to		
Have you been hospitalize	ed? If yes, what was done?			
Are you taking any presci	iption or over-the-counter drugs r	egularly? Please list:		
-	out anything else you would like on at this time:	to discuss with your chiropractor about your		



Aloha Sophia Wellness, LLC LAST FIRST MIDDLE 4228D North Waiakalua Street Kilauea, HI 96754 Phone: 808-828-0418 Date of this evaluation: www.AlohaSophia.com • info@alohasophia.com Health Concern (1-3 Elements) Onset Provocative _____ Ouality Referral / Radiation / Severity (VAS 1-10) Timing PRONE EXAMINATION: Visual Observation O-Member lies prone without any marked deviations in A-P/P-A curves, or lateral deviations, and is centered on table. 1. R or L Hip is elevated on one side with an associated pulling on spinal structures. 2. R or L Shoulder elevated when prone. 3. R or L Head rotated when prone. 4. Legs to R or L side of table (off centering of member on table). 5. Thoracic kyphosis with visible spinal tension or lumbar P.V.M. pull. 6. Entire spine in fight or flight posture when prone. 7. Can not perform prone analysis due to limitation of movement. □ WNL 8. Cervical A-P, P-A Curve 🗆 Increased____ 🗆 Flat ____ 🗆 Reversed ____ 9. Lumbar A-P, P-A Curve ☐ Increased ☐ Flat ☐ Reversed ☐ ☐ WNL ☐ 10. Other: Extremities, Examination of left and right (ankles) CRF < 2 seconds on all extremities. No visual varicosities or edema noted, bilaterally. L: □ Edema □ Varicosities R □ Edema □ Varicosities 11. Other: RESPIRATIONS 1. Full movement 2. Moderate movement_____ Minimal movement ____ 4. No visible movement ___ Comments: __ PRONE SPINAL ANALYSIS: Grade from 0-5 **ACTIVE VS PASSIVE:** Grade from 1-3 Short Leg Syndrome L____ R____ A___ P__ Heel Tension (HT) L____ R____ Eversion Stress (EV) L____ R____ A___ P___ Ankle Adduction (ADD) R_ _ P_ Ankle Abduction (ABD) _ P_ Elevated leg (EL) Cervical Syndrome (CS)

Oct vical Oylic		L			
Z Flick		Yes	No		
S.t. lig.		Yes	No		
Leg Crossover (positive ilium)		Yes	No		
		-1			T - 1
0	T1	T9		L1	S1
C1	T2	T10		L2	S2
C2	T3	T11		L3	S3
C3	T4	T12		L4	S4
C4	T5			L5	S5
C5	T6				CX1

0	11	19	L1	51
C1	T2	T10	L2	S2
C2	T3	T11	L3	S3
C3	T4	T12	L4	S4
C4	T5		L5	S5
C5	T6			CX1
C6	T7			CX2
C7	T8			

00			0712
C7	T8		
		•	
Time Patient Fa	acing (minutes)		
Start F	inish T	otal	

Inspection and/or Palpation Head, Neck, Spine, Ribs, Pelvis

☐ No deformities, inflammation, or tenderness in bony prominences or soft tissue. Misalignment - Intersegmental distortion/osseous misalignment (m) R-> or L<- Restricted (R) Swelling (S) Taut/Tenderness (T) Spasm (Sp) Defects (D) - Scars, Extra or Missing Vertebrae, Missing TP or SP, Lipoma_

Diag	nacio
Diau	nosis

☐ M99.00 Segmental & Somatic Dy	sfunction, Head Region	(Occipito-Cervical)

- ☐ M99.01 Segmental & Somatic Dysfunction, Cervical region
- ☐ M99.04 Segmental & Somatic Dysfunction, Sacral region
- ☐ M99.05 Segmental & Somatic Dysfunction, Sacroiliac, Hip, Pubic regions
- ☐ M99.02 Segmental & Somatic Dysfunction, Thoracic region
- ☐ M99.03 Segmental & Somatic Dysfunction, Lumbar region

CPT Code

□ 99212 - RE - Problem Focused